

Pacific Reproductive Services

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SUGGESTED READINGS AND RESOURCES

BEFORE YOU GET PREGNANT

Cooper, Susan and Glazer, Ellen. **Choosing Assisted Reproduction: Social, Emotional and Ethical Considerations.** Perspectives Press, 1998.

Nelison, James (Editor). **A Guide to Effective Care in Pregnancy and Childbirth.** Oxford Press, 2000.

Pies, Chari. **Considering Parenthood.** Spinsters/Aunt Lute, 1988.

Raab, Diana. **Getting Pregnant & Staying Pregnant: Overcoming Infertility and Managing Your High-Risk Pregnancy.** Hunter House, 1999.

Sussman, John R., & Levitt, B. Blake. **Before You Conceive: The Complete Pregnancy Guide.** Bantam Books, 1989.

Wilson, Josleen. **The Pre-Pregnancy Planner.** Main Street Books, 1986.

PREGNANCY

Curtis, Glade B. and Schuler, Judith. **Your Pregnancy Week by Week.** Perseus Publishing, 2000.

Douglas, Ann. **The Mother of All Pregnancy Books: The Ultimate Guide to Conception, Birth, and Everything in Between.** John Wiley and Sons, 2002.

Jiminex, Sherry LM. **The Pregnant Woman's Comfort Guide: Safe, Quick and Easy Relief from the Discomforts of Pregnancy & Postpartum.** Avery Penguin Putnam, 1992.

Jones, Catherine and Hudson, Rose Ann (Contributor). **Eating for Pregnancy: An Essential Guide to Nutrition with Recipes for the Whole Family.** Marlowe and Company, 2003.

Murkoff, Heidi E. **What to Expect When You're Expecting,** Third Edition. Workman Publishing, 2002.

Nilsson, Lennart. **A Child Is Born: The Completely New Edition.** Delacorte Press, 2003.

Pepper, Rachel. **The Ultimate Guide to Pregnancy for Lesbians: Tips and Techniques from Conception through Childbirth.** Cleis Press, 1999.

Sears, William and Martha. **The Pregnancy Book: Month-by-Month, Everything You Need to Know From America's Baby Experts.** Little and Brown, 1997.

Simkin, Penny. **Pregnancy, Childbirth, and the Newborn, Revised and Updated: The Complete Guide.** Meadowbrook, 2001.

FERTILITY

Marrs, Richard. **Dr. Richard Marrs' Fertility Book: America's Leading Infertility Expert Tells You Everything You Need to Know About Getting Pregnant.** Dell, 1998.

Mattes, Jane. **Single Mothers By Choice: A Guidebook for Single Women Who Are Considering or Have Chosen Motherhood.** Times Books/Random House, 1997.

Mohler, Marie & Frazer, Lacy. **A Donor Insemination Guide: Written by and for Lesbian Women.** Alice Street, 2002.

Rosenthal, Sara M. & Khatamee, Masood A. **The Fertility Sourcebook: Everything You Need to Know.** McGraw Hill, 1998.

Vercollone, Carol Frost. **Helping the Stork: The Choices and Challenges of Donor Insemination.** John Wiley and Sons, 1997.

PARENTING

Clunis, D., Merilee and Green, Dorsey. **The Lesbian Parenting Book: A Guide to Creating Families and Raising Children.** Seal Press, 1995.

Glazer, Deborah F, Ph.D. (Editor). **Gay and Lesbian Parenting.** Hawthorne Medical Press, 2001.

Granju, Katie Allison and Kennedy, Betsy. **Attachment Parenting: Instinctive Care for Your Baby and Young Child. Pocket Books,** 1999.

Hogg, Tracey and Blau, Melinda. **Secrets of the Baby Whisperer: How to Calm, Connect and Communicate with Your Baby.** Ballantine Books, 2001.

Martin, April, Ph.D. **The Lesbian and Gay Parenting Handbook.** Harper Perennial, 1993.

Sears, William and Martha. **The Baby Book: Everything You Need to Know About Your Baby from Birth to Age Two.** Little Brown and Company, 2003.

And Baby Magazine

Comprehensive parenting magazine for gay and lesbian parents.
www.AndBabyMag.com

Gay Parent Magazine

Gay Parent magazine (GPM) features the personal stories of lesbian, gay, bisexual, and transexual (LGBT) parents from across the country. Parents speak candidly about their experiences with international and domestic adoption, foster care, donor insemination, using a surrogate and what it is like to raise their children in their part of the world.
<http://www.gayparentmag.com/index.html>

Parenting

Magazine

Parenting Magazine offers useful tools, in-depth information, reality-tested advice, and quick tips.
<http://www.parenting.com/parenting/about/index.html>

LEGAL AND ADOPTION

Curry, Hayden (editor). **A Legal Guide for Lesbian and Gay Couples- 11th Edition**. Nolo Press, 2002

Melina, Lois Ruskai. **Making Sense of Adoption: A Parent's Guide**. Harper & Row, 1989.

Senak, Mark S. **Every Trick in the Book: The Essential Lesbian & Gay Legal Guide**. M. Evans & Company, 2003.

BOOKS FOR KIDS

Gordon, Elaine R. **Mommy, Did I grow in Your Tummy? Where Some Babies Come From**. Santa Monica: E.M. Greenburg Press, 1992.

Greenburg, Keith E. **Zack's Story: Growing Up With Same-Sex Parents**. Lerner Publications 1996.

Newman, Leslea. **Heather Has Two Mommies**. Alyson Publications, 1989.

Schnitter, Jane T. **Let Me Explain, A Story About Donor Insemination**. Perspectives Press, 1995.

Simon, Norma. **All Kinds of Families**. Albert Whitmen & Co., 1987.

LBGT RESOURCES**LEGAL INFORMATION AND SUPPORT**

ACLU: American Civil Liberties Union

Overview of Lesbian and Gay Parenting, Adoption and Foster Care

<http://archive.aclu.org/issues/gay/parent.html>

NCLR: National Center for Lesbian Rights

A national legal resource center with a primary commitment to advancing the rights and safety of lesbians and their families through a program of litigation, public policy advocacy, free legal advice and counseling, and public education.

<http://www.nclrights.org/index.htm>

COMMUNITY**COLAGE**

COLAGE is the only national and international organization in the world specifically supporting young people with gay, lesbian, bisexual, and transgender parents.

<http://www.colage.org/>

Family Pride Coalition

Supporting and protecting the families of gay, lesbian, bisexual and transgender families

<http://www.familypride.org/>

National Association of LGBT Community Centers

The National Association of LGBT Community Centers envisions a society that celebrates diversity, acknowledges the dignity of LGBT people, and embraces full human rights for all citizens. Furthermore, the Association envisions a time when all LGBT people, in cities and towns of all sizes, have access to strong LGBT community centers that enrich and improve their lives. Since 1994, the National Association has been working to make that vision a reality by creating networking opportunities for community center leaders, offering peer-based technical assistance and training to centers, helping communities to launch and grow new centers, and offering program solutions and materials that meet the needs of member centers throughout the country.

<http://www.lgbtcenters.org/>

Our Family Coalition

Our Family Coalition protects the civil rights and well being of families with lesbian, gay, bisexual and transgender members through education, advocacy, social networking and grassroots community organizing.

<http://www.ourfamily.org/>

Proud Parenting

ProudParenting.com serves as an online portal for gay, lesbian, bisexual and transgender parents and their families worldwide. Bringing family together by being the best on the Internet serving the needs and interests of the proud parenting community is our goal.

<http://www.proudparenting.com/index.cfm>.

please let us know if you have a resource you think we should add to our list

INSEMINATION AND FERTILITY**American Society for Reproductive Medicine (ASRM)**

ASRM is an organization devoted to advancing knowledge and expertise in infertility, reproductive medicine and biology.

<http://www.asrm.org/>

Fertility Plus

Non-profit website written by patients for patients trying to conceive. Full range of fertility issues, discussions, and resources.

<http://fertilityplus.com/toc.html>

Resolve

Resolve is a national organization dedicated to providing education, advocacy and support for men and women facing the crisis of infertility.

<http://www.resolve.org/main/national/index.jsp?name=home>